

## Virtual Consultation Instructions

Please follow the instructions carefully so you can receive the most accurate recommendations from Dr. Cabbabe.

You will receive invitations from MyPatientVisit to complete your new patient registration forms, as well as from RxPhoto, a secure platform for uploading your photos. Please complete both prior to your appointment.

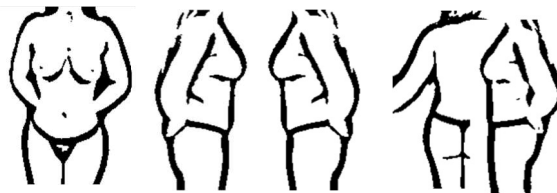
### Prior to Your Appointment

Photos Must Be Uploaded to RxPhoto

We require clear, *full-body (not zoomed in)* photos to properly evaluate you. Please follow the photo guidelines below. Feel free to send any additional photos that you feel would help Dr. Cabbabe understand your goals and concerns.

#### Breast Consult:

- Front, right side, left side

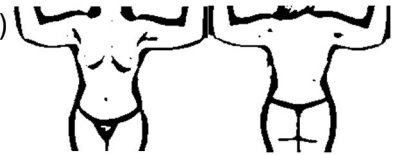


#### Body Consult:

- Front, back, right side, left side
- Include full body or at least from chest to knee

#### Arm Consult:

- Front and back sides (arms raised, elbows bent, even with shoulders)



### Day of Your Appointment

Be Prepared for Your Consultation

To ensure the best experience:

- Choose a quiet area with no backlighting (windows/bright lights behind you) and enough space to move around
- Wear a robe or something easy to adjust/remove (undressing will be necessary)
- Position your phone on a stable surface (counter, chair, tripod) so your hands remain free
- Make sure you can step back far enough so your full body is visible on camera

During the consultation, Dr. Cabbabe will ask you to:

- Turn to show different angles
- Step back so your full body is in view
- Gently pinch or demonstrate areas of concern (such as loose or excess skin)

### Joining Your Appointment

You will receive a link by text and email about 15 minutes prior to your appointment. If you do not receive the link, call us at **(314) 842-5885**.